

# World Aesthetix

## Erbium Glass (1540/1550nm) Laser Treatment Protocol

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### Primary Indications

Fine lines & wrinkles • Acne scars • Surgical scars • Stretch marks • Skin texture improvement • Enlarged pores • Mild skin laxity • Dyschromia • Collagen stimulation

### Fitzpatrick Skin Types

Generally safe for Fitzpatrick I–VI. Use conservative settings for darker skin types and perform test spots when appropriate.

### Pre-Treatment Guidelines

**1 Week Prior:** Avoid sun exposure, retinoids, exfoliants, tanning beds, and aggressive skincare.

**Day of Treatment:** Cleanse skin thoroughly, remove makeup/SPF, take baseline photos, and apply topical anesthetic if needed.

### Suggested Treatment Parameters

Always begin conservatively and adjust according to patient response, indication, and manufacturer recommendations.

Indication	Energy	Coverage	Passes
Mild Rejuvenation	Low	Low-Medium	1–2
Acne Scars	Medium-High	Medium	2–3
Texture/Pores	Medium	Medium	2
Stretch Marks	Medium-High	Medium-High	2–3

### Treatment Endpoints

Mild to moderate erythema, uniform heat response, and mild edema. Avoid excessive overlap or stacking.

### Recommended Treatment Course

Typically 3–5 sessions spaced 4–6 weeks apart. Maintenance treatments may be performed every 6–12 months.

### Post-Treatment Care

Use gentle cleansers, hydrating moisturizers, SPF 30+, and avoid heat, sweating, sun exposure, retinoids, and exfoliants for several days.

### Contraindications

Active infection, open lesions, pregnancy (provider discretion), recent isotretinoin use, poor wound healing history, or recent excessive sun exposure.

### Provider Notes

Obtain informed consent, perform consultation and photography, and follow manufacturer-specific guidelines for the exact device platform.