



WORLD AESTHETIX

nuFORM



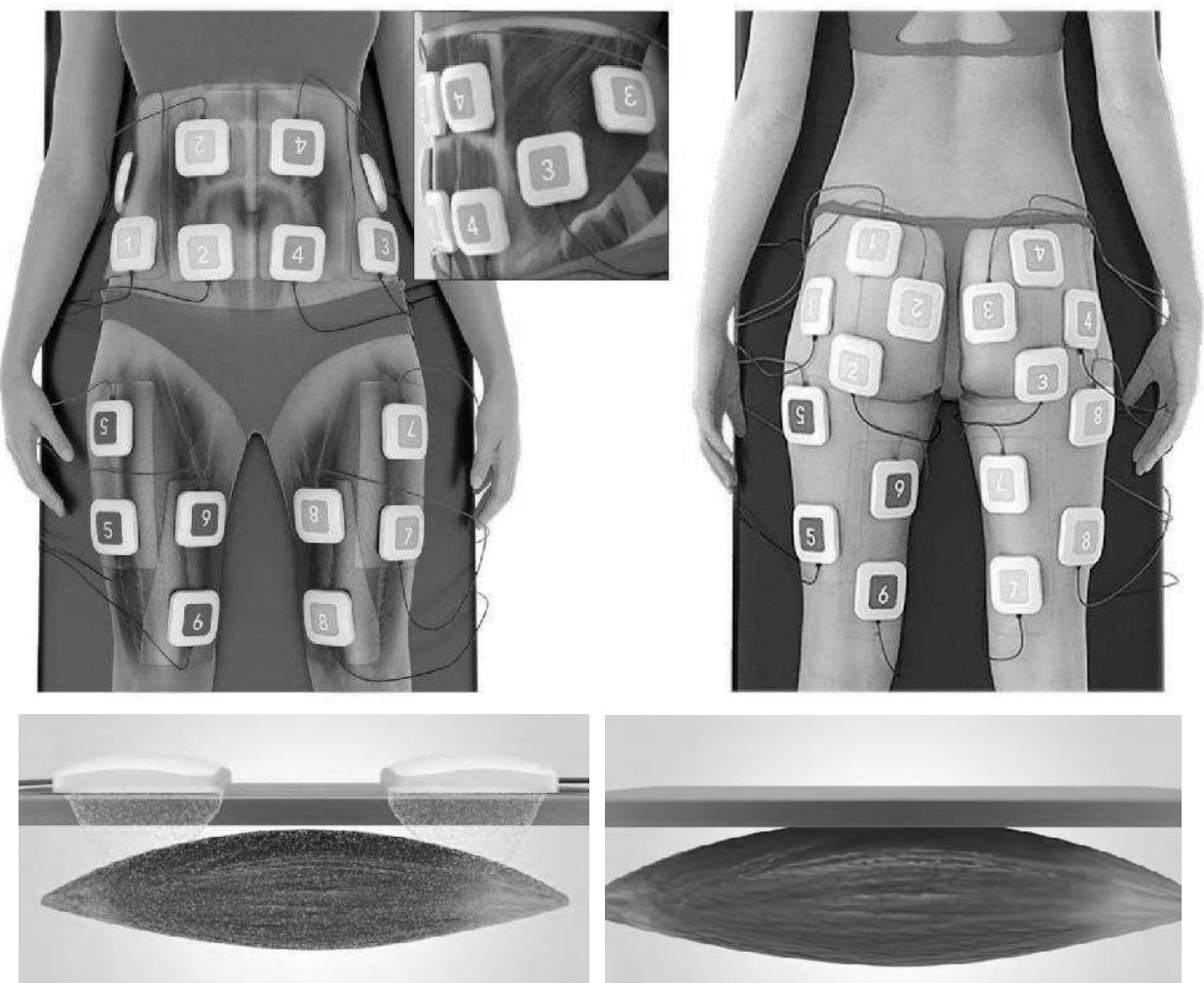
Please Read Manual Before Using Machine

I Machine Introduction

Introducing to our company's latest device: the nuFORM, which is a new generation of non-invasive muscle-building, fat-reducing, and shaping equipment. It uses (EMF) electrical pulses to stimulate the continuous expansion and contraction of targeted muscle groups, thereby increasing muscle mass, endurance, and strength. It can be used to firm and strengthen abdominal muscles, arms, legs and buttocks. The nuFORM can treat up to eight separate areas at the same time. The 16 handles are placed on multiple areas or multiple muscle groups depending on your individual needs and goals. In the traditional way of exercise, muscle contraction and action are done by the brain sending signals to the nervous system and motor neurons that control the muscles. The nuFORM simulates brain signals, and transmits motion signals directly to specific muscle groups through the handles, so that it induces rhythmic muscle contractions, and provides a more complete exercise with extremely high precision to strengthen and tighten muscles. Unlike other devices, both the front and back of the body can be treated simultaneously, the nuFORM can also stimulate multiple muscles in a single treatment and provide more efficient and specific energy delivery to the targeted muscles. It is three times stronger than other muscle stimulation devices on the market, and is more comfortable for patients while also giving superior results, as well as greatly improved safety during the treatment. The nuFORM is a safe and effective solution for men and women seeking to improve the shape, size and firmness of their muscles.

II Working Principle

The purpose of the nuFORM is to release high-intensity electrical pulse energy through the electrode handle to directly target the deep muscles, stimulate the target muscle motorneurons, make the muscles contract continuously and rapidly, and to increase muscle tension, mass and strength. The nuFORM electrical pulse technology allows the human body to produce passive movement to achieve the goal of muscle growth and fat reduction through weight loss and body shaping.



III Device Features

✓ Non-invasive, safe , comfortable

During the treatment, only muscle contraction is felt, the process is easy and comfortable, and there is no side effect on the body, just do it and go.

✓ Faster and more efficient

Treating up to eight areas simultaneously at a time improves body coverage and provides more efficient and comprehensive muscle activation.

✓ Time-saving and efficient

1 session of 45 minutes = 54,000 muscle contractions; versus 54000 crunches/squats.

✓ Flexibility handle

The 16 handles provide the ability to treat multiple body parts allowing for options to customize treatments for multiple muscle groups.

✓ Higher efficiency

A treatment of 30% muscle gain and 25% fat loss.

✓ Simple operation

Equipped with a special gel pack to fix the handle to stabilize energy transmission and improve safety and effectiveness.

✓ Auto Mode - Smart Loop

Auto Mode provides automatic multi-frequency combination therapy to target muscle areas.

✓ Manual Mode-Custom Loop

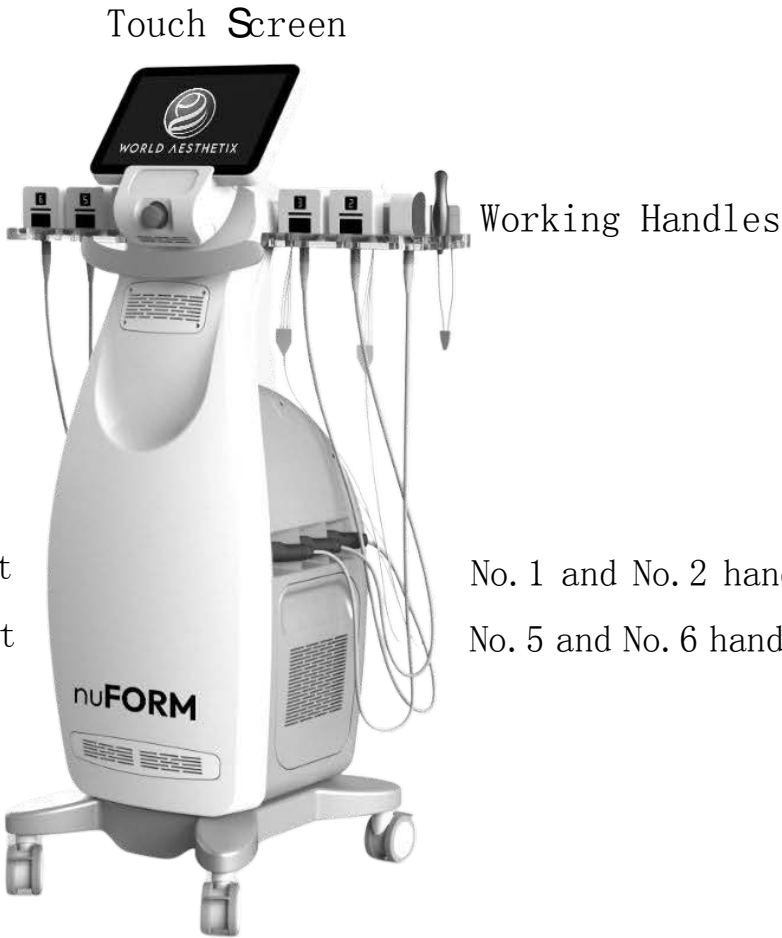
In manual mode, 1 to 8 frequencies can be freely selected, and various responses are triggered according to the selected therapy frequency.

✓ Tailored energy control system

Targeted regional energy adjustment, and customized energy stages for each part.

IV Device Indication

A. Align each handle with the corresponding socket at the rear of the device, insert it and ensure they are firmly inserted; insert the power cord into the socket at the rear of the device, turn on the power and turn on the power switch, and the device will turn on immediately.



V

Accessories

- Two electrode handles with the same number are grouped together; one positive and one negative.



No. 1 Handle



No. 2 Handle



No. 3 Handle



No. 4 Handle



No. 5 Handle



No. 6 Handle



No. 7 Handle



No. 8 Handle

- A pack of Gel Pack.
- For external use only, single use only.
- The gel pack is a conductive medium that reduces discomfort and maximizes safety and efficacy.



VI Operation Program


1. The startup interface (Figure 1) will appear after booting up, click Figure 1 at random to enter the Figure 2 interface.
2. After selecting the setting (male or female, age, fat thickness) user information in Figure 2, click  to enter the Figure 3 interface.

Figure 1: Boot interface

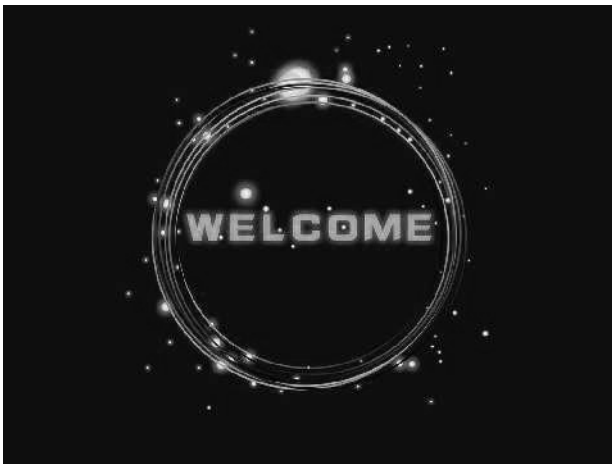
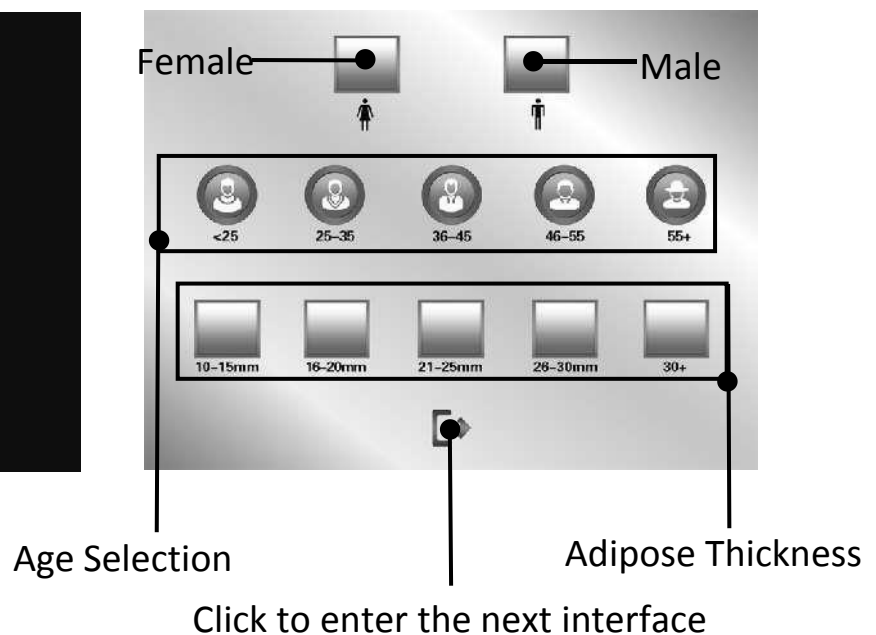
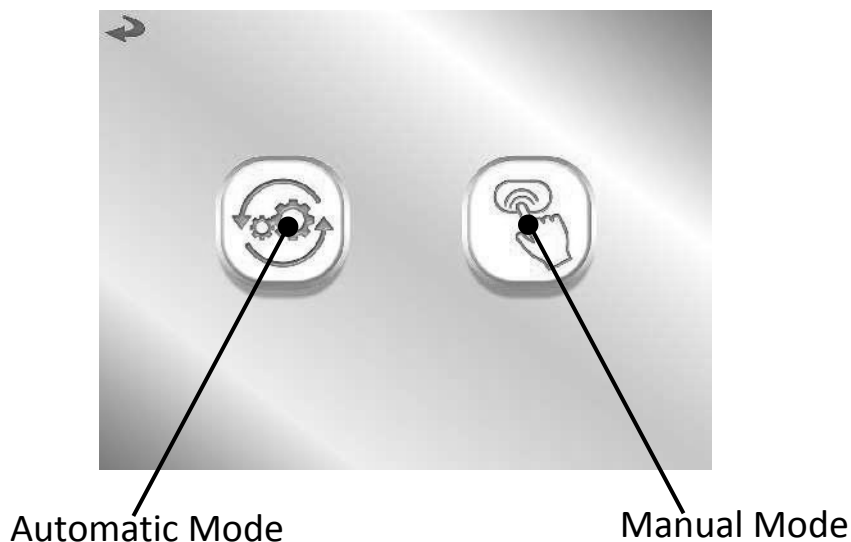


Figure 2: Setting information interface



3. After clicking the automatic/manual mode in Figure 3, you can enter the next interface.

Figure 3: Mode selection

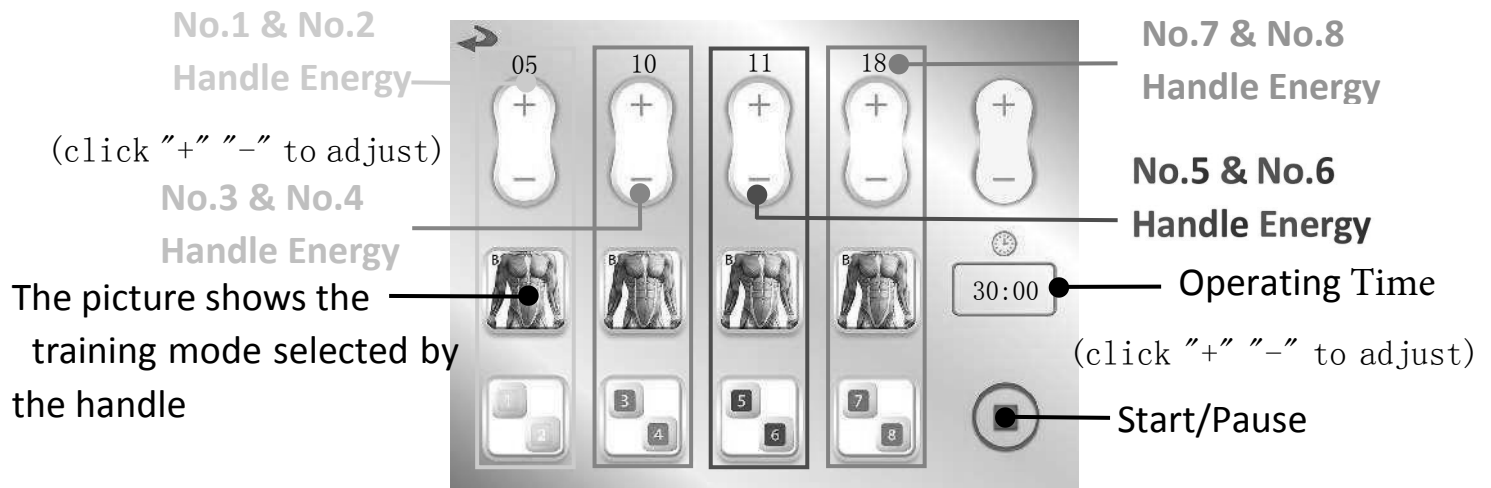


(Click this icon to enter Figure 4-1)

(Click this icon to enter Figure 5) 7

4. Select the automatic mode in Figure 3 to enter the working interface (Figure 4-1).

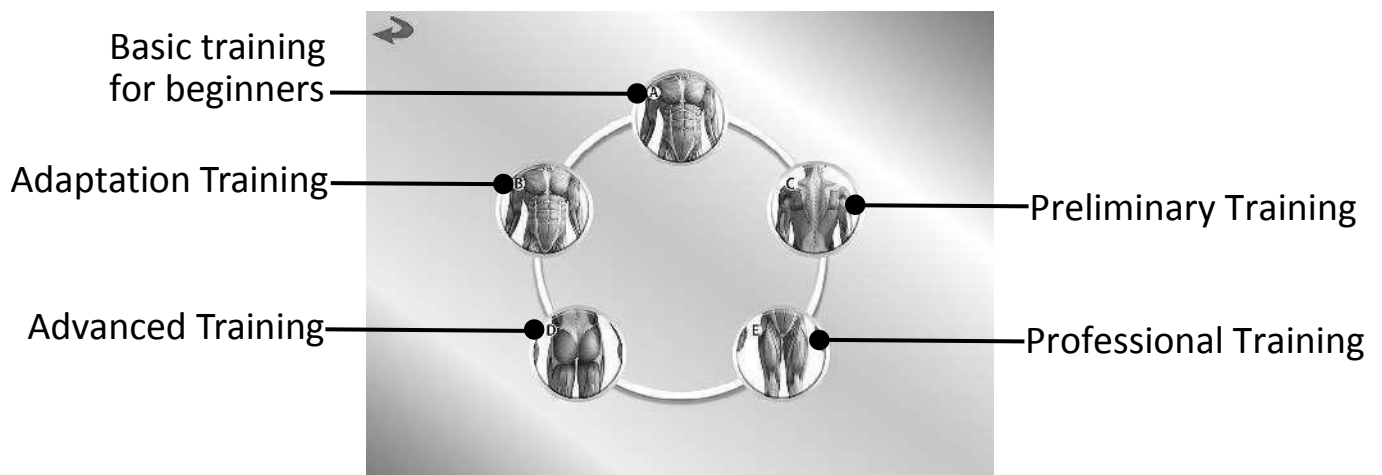
Figure 4-1: Work Interface



Select the desired training mode before treatment.

Click to enter (Figure 4-2) to select the desired training mode.

Figure 4-2: Select Mode Interface



- Each training mode contains 6 kinds of frequency automatic cycle.
- Note: Click the icon to select this mode, and automatically enter Figure 4-1 after selecting the mode.
- The working interface (Figure 4-1) is described as follows:



- “ ” Indicates energy adjustment, the energy range is 00-30; click “+” to add, “-” to subtract.

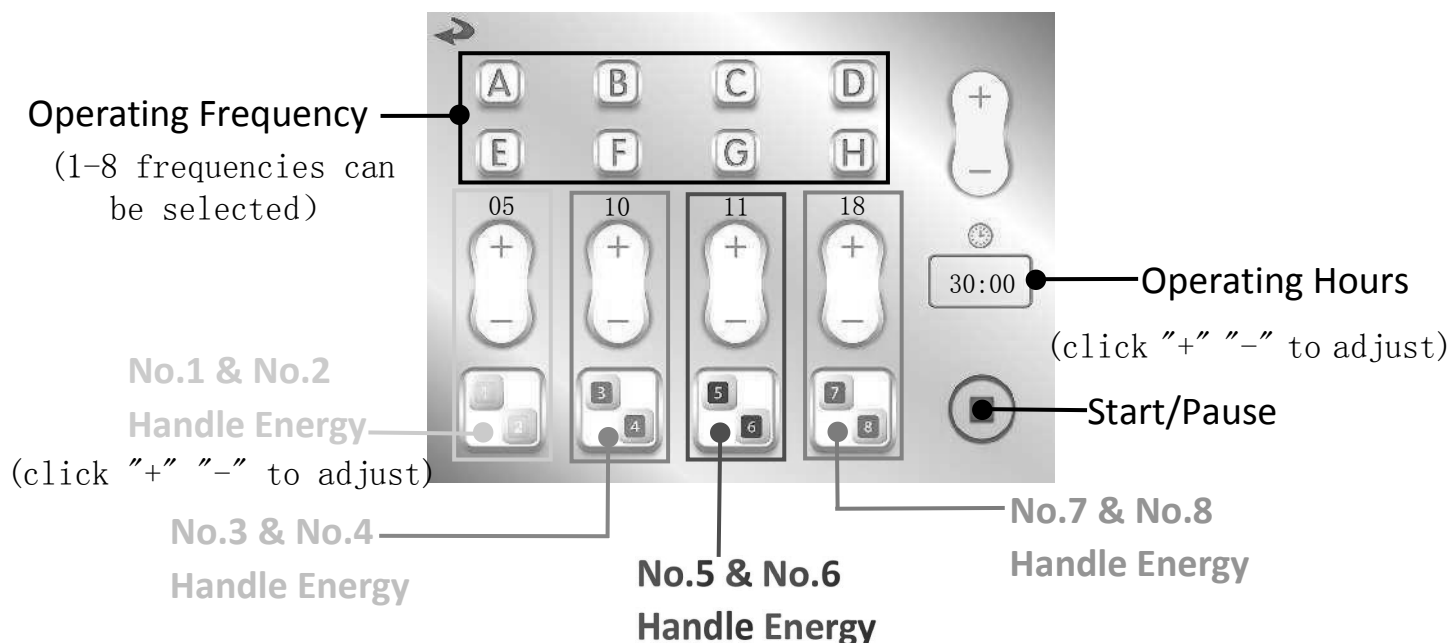
Note: When the device is in a suspended state, click “+” to add or subtract “-” to adjust.

Remarks: The energy is set before the operation, the treatment starts with low energy, and the energy gradually increases according to the patient's ability to tolerate.

- “ ” For working hours, click “+” to add and “-” to subtract.
- Click “ ” “turn to” “ ” - Indicates that the device starts to work. “ ”
- Click “ ” “turn to” “ ” - Indicates pause, the device is in standby state.
- Click “ ” to return to the previous interface.
- The equipment consists of four core electrode cables, each core electrode cable consists of 4 electrode handles, you can choose 4 handles, 8 handles, 12 handles, and 16 handles to work at the same time.
- When the energy is adjusted, it starts to work, and the yellow frame of the handle icon “ ” turns into “ ” “ ”. The blue and yellow flashing alternately indicates that the handle is in working state.

5. Select the manual mode in Figure 3 to enter the working interface (Figure 5).









Figure 5: Work interface






Select the required working frequency before treatment, up to 8 operating frequencies can be selected.

- The working interface (Figure 5) is described as follows:
- Select the working frequency before operation, up to 8 frequencies (A-B-C-D-E-F-G-H).

After each frequency works for 1 minute, it will automatically jump to the next frequency stage to work, and cycle until the equipment working time is completed.

- “” The first frequency stage:5Hz;
- “” The second frequency stage:17Hz;
- “” The third frequency stage:80Hz;
- “” The fourth frequency stage:120Hz;
- “” The fifth frequency stage:160Hz;
- “” The sixth frequency stage:180Hz;
- “” The seventh frequency stage:200Hz;
- “” The eighth frequency stage:300Hz;

- When the gray frame “” turns into “”, the blue frame is always on, indicating that this frequency is selected. 1-8 frequencies can be selected.

- When the “” blue frame is flashing, it means that the current frequency stage is working.










- “” Indicates energy adjustment, the energy range is 00-30;

click “+” to add, “-” to subtract.


Note: When the device is in a suspended state, click “+” to add or subtract “-” to adjust.

Remarks: Set the energy before the operation, and the treatment starts from low energy, which should be adjusted according to the patient's tolerance.


Gradually increase the energy.

- “  ” means working time, click “+” to add, “-” to subtract.
- Click “  ” turn to “  ”, which means the device starts to work.
- Click “  ” turn to “  ”, it means pause, the device is in standby state.
- Click “  ” Indicates to return to the previous interface.
- The equipment consists of four core electrode cables, each core electrode cable consists of 4 electrode handles, you can choose 4 handles, 8 handles, 12 handles, and 16 handles to work at the same time.
- When the energy is adjusted and the controller starts to work, the blue frame of the handle icon “  ” turns into “  ” “  ” and the gray and blue flashes alternately, indicating that the handle is in working state.


Automatic Mode: 5 training modes

	The first stage	The second stage	The third stage	The fourth stage	The fifth stage	The sixth stage
	5Hz/1 minute	60Hz/5 minutes	6Hz/1 minute	80Hz/5 minutes	8Hz/1 minute	120Hz/5 minutes
	Six frequencies cycle in sequence to complete 30 minutes of training					


A: Basic training for beginners (suitable for people who hardly exercise, effective basic training for weak muscle groups)

	The first stage	The second stage	The third stage	The fourth stage	The fifth stage	The sixth stage
	5Hz/1 minute	200Hz/5 minutes	7Hz/1 minute	220Hz/5 minutes	9Hz/1 minute	240Hz/5 minutes
	Six frequencies cycle in sequence to complete 30 minutes of training					


B: Adaptation training (suitable for primary exercisers who have not exercised for a long time, and also suitable for obese people with less muscles)

	The first stage	The second stage	The third stage	The fourth stage	The fifth stage	The sixth stage
	7Hz/1 minute	260Hz/5 minutes	5Hz/1 minute	300Hz/5 minutes	10Hz/1 minute	320Hz/5 minutes
	Six frequencies cycle in sequence to complete 30 minutes of training					

C: Preliminary Training (suitable for primary exercisers with insufficient muscle or slightly higher body fat, also suitable for slightly obese people)

	The first stage	The second stage	The third stage	The fourth stage	The fifth stage	The sixth stage
	8Hz/1 minute	300Hz/5 minutes	10Hz/1 minute	320Hz/5 minutes	5Hz/1 minute	360Hz/5 minutes
	Six frequencies cycle in sequence to complete 30 minutes of training					

D: Advanced Training (suitable for intensive endurance training, suitable for all fitness groups and regular exercisers, and also suitable for obese people. As the training frequency is further increased, the load is gradually increased to increase the strength and dimensionality of muscle contraction. For shaping)

	The first stage	The second stage	The third stage	The fourth stage	The fifth stage	The sixth stage
	6Hz/1 minute	360Hz/5 minutes	8Hz/1 minute	400Hz/5 minutes	10Hz/1 minute	420Hz/5 minutes
	Six frequencies cycle in sequence to complete 30 minutes of training					


E: Professional Training (Suitable for intensive strength training, suitable for regular exercisers and athlete groups, and also suitable for obese people. Due to the increase in training frequency and high intensity of action, the fat burning ability of muscles is improved, and fat is consumed at high frequency.)

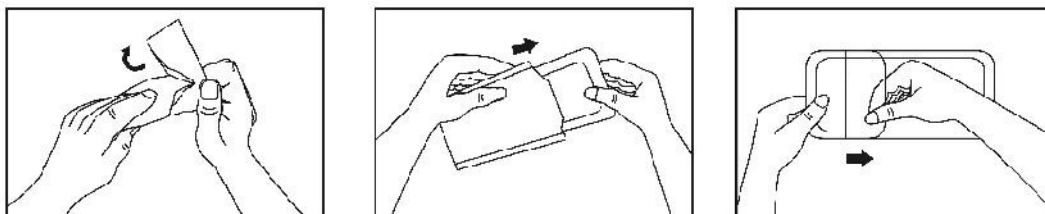
Manual mode: 8 frequencies

A	B	C	D	E	F	G	H
5Hz/1 minute	17Hz/1 minute	80Hz/1 minute	120Hz/1 minute	160Hz/1 minute	180Hz/1 minute	200Hz/1 minute	300Hz/1 minute

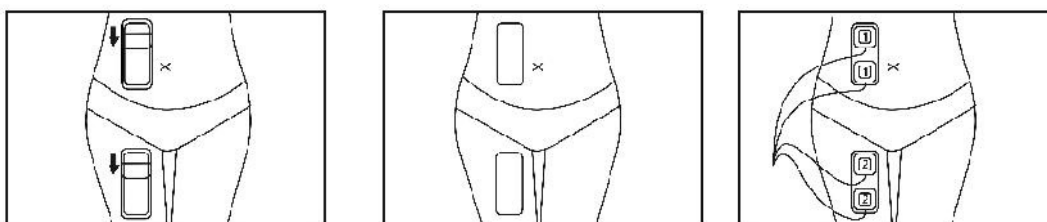
Choose from 1 to 8 frequencies, and complete the 30 minute training cycle according to the selected frequencies.

VII Using Method

- Open the packaging bag , take out a gel pack, and peel off the transparent release film on one side.

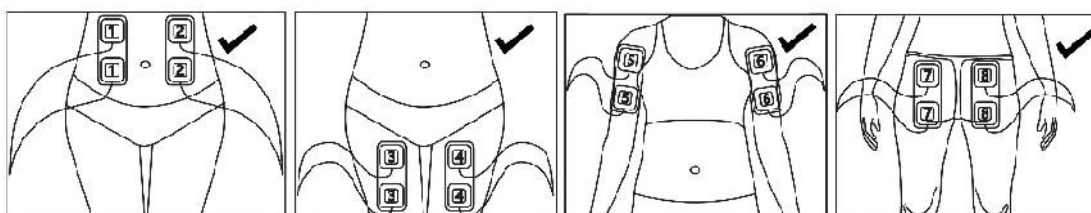


- Apply the gel pack to the desired area, smooth and fit to the skin.
- Remove the transparent release film on the **other** side, and then stick the handle on the gel pack.

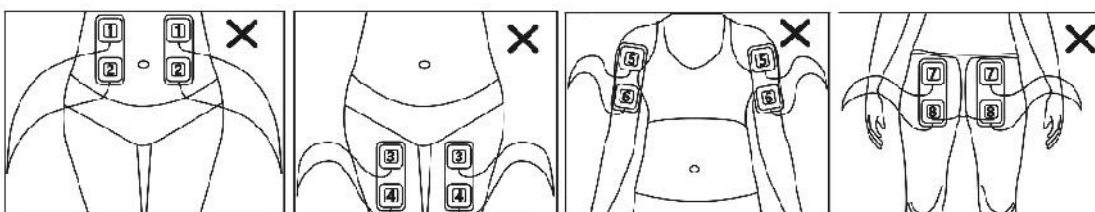


- Handle placement guidelines:

- Correct placement: Handles with the same numbers must be placed on the same gel pad



- misplaced.



•Operation Steps:

- Before the procedure, clean the desired treatment area and keep the area dry.
- Before operation, remove **any** metal objects worn on the body.
- After the gel patch and handle are tightly attached to the skin, adjust the parameters and then start the operation.

(Note: The handle and gel patch must be close to the skin, and there should be no gaps to tilt the handle).

- Start with low energy and gradually increase according to the client's tolerance.
- After the operation, gently peel off the gel patch.
- After the operation, wipe the clean handle with a soft cloth and place it back on the hanger.
- After the operation, you can drink more water to help metabolism, and you can also eat foods with high protein content.

• Precautions:

- Do not place the handle on injured skin or infected muscle.
- Do not place the handle in the middle area of the belly button.
- Be careful to avoid obvious locations of ribs and bones.
- Do not operate on the head, neck/carotid artery, or near the decollete.
- No metal objects are allowed on the patient.
- Do not operate on the abdomen when you are full, and it is recommended to perform treatment more than 1 hour after a meal.
- Make sure that both the operating area and the treatment handle are dry and free of water or moisture.

X

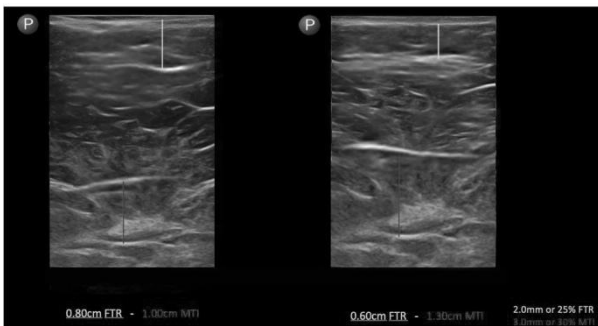
Clinical Result

- Ultrasound findings showed increased muscle mass and decreased fat following treatment.



Before Therapy

After 6 times Therapy
for 12 weeks

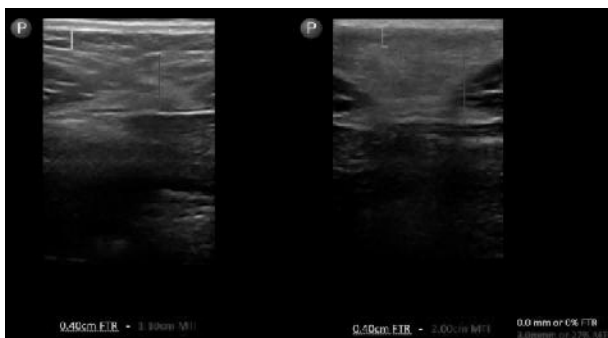


- Red line shows 30% increase in muscle mass. Yellow line shows 25% decrease in fat thickness.



Before Therapy

After 4 times Therapy
for 8 weeks

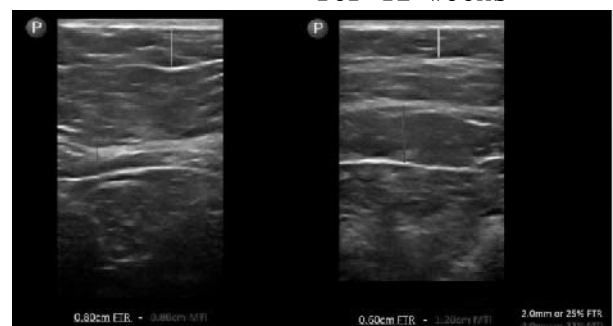


- Muscle mass increased by 27%.



Before Therapy

After 6 times Therapy
for 12 weeks

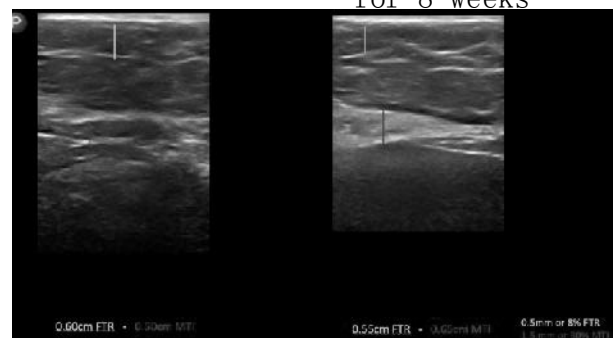


- Red line shows 33% increase in muscle mass. Yellow line shows 25% decrease in fat thickness.



Before Therapy

After 6 times Therapy
for 8 weeks



- Muscle mass increased by 30% and fat thickness decreased by 8%.



Q&A

1. What is nuFORM

nuFORM is a personalized muscle sculpting device. The device consists of four core electrode cables, and each core electrode cable consists of 4 electrode handles, with a total of 16 working handles. The handle is placed on the body, allowing up to eight areas to be treated simultaneously. The Body Sculpting EMS has a variety of intensity settings and treatment modes, delivering electrical impulses through a handle placed on the skin over the muscles, simulating action potentials initiated by the nervous system, triggering rhythmic muscle contractions, and stimulating metabolism and blood circulation. Proprietary unique handle and gel patch deliver energy directly to stimulate muscle contraction without wasting energy.

Body sculpting EMS is an electrical impulse muscle stimulation device that uses electrical pulses to induce muscle contractions.

A specific muscle or muscle group can be contracted far beyond levels tolerated by traditional electrode pads.

As shown below, body sculpting EMS leverages many of the historical effects of traditional EMS, but is an innovation in electrode design because it applies a uniform current distribution along the length of the muscle.

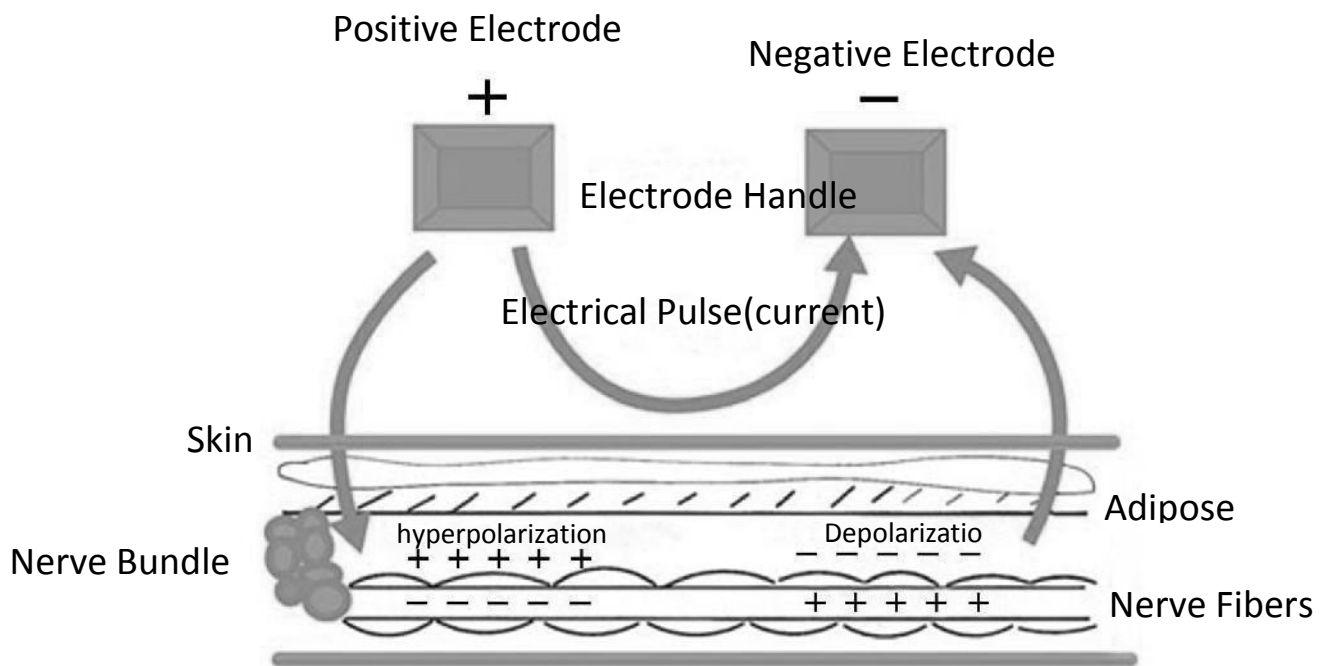


Illustration of nerve depolarization using
direct electrical impulse stimulation

2. Who is suitable for nuFORM

This technique can provide beneficial muscle tightening for most people. Five suitable groups of people have been sorted out:

- ① Women who need to gain muscle and change their body shape – hip lift, vest line, and let women show their graceful posture in minutes.
- ② Men who need to increase muscle and change their shape – increase muscle, especially sculpt muscle.
- ③ People who need to lose weight – suitable for both men and women, more suitable for busy office workers
- ④ People who need to lose weight and shape quickly – brides-to-be, models, actors, etc.

⑤ Postpartum mothers (rectus abdominis separation) – improve the shape of the abdominal muscles and shape a flat abdomen.

3. What parts can Body Sculpting EMS be done at one time? How long does it take to treat a site?

It can treat up to 8 different body parts simultaneously and takes approximately 15-45 minutes.

It is recommended that the abdomen, thighs and buttocks be treated for 30-45 minutes/time, and the arms and calves are treated for 15-20 minutes/time.

4. How often do you do it? Do a course of treatment several times?

Usually once every 2-3 days. 4-6 times as a course of treatment. The number and frequency of treatments needed depends on your size, fitness level, and goals. Most patients experience significant results in just four sessions, while others may require additional treatments for more individualized results.

5. How does it feel? Will the treatment hurt?

At the start of treatment, patients experience muscle twitches or repetitive contractions that intensify as energy intensity is slowly

increased. After treatment, you may experience a slight tingling sensation and some muscle soreness, similar to what you feel after vigorous exercise.

6. When will I see the results?

Results are usually visible 8–12 weeks after treatment. Best results are seen 8–12 weeks after the last treatment. To break down fat and increase muscle mass, patients need patience, usually after 4–6 treatments, clinical studies show that muscle mass is increased by about 30% after treatment, and fat is reduced by an average of 25%.

7. Is there any downtime?

The nuFORM is non-invasive and requires no recovery time, allowing clients to resume normal activities immediately after treatment. After the procedure, guests may notice tingling in the treated area for several hours and/or mild muscle soreness or tenderness for 24–72 hours.

8. How long do the results last?

A: As long as you maintain your weight, remain relatively active, and participate in regular maintenance treatments, the muscle growth that

nuFORM produces is permanent. If you overeat, the chances of a lasting effect are less.

9. Can nuFORM be combined with other slimming treatments?

nuFORM can be combined with some non-traumatic fat removal care, such as RF fat dissolving instrument, cryogenic fat dissolving instrument, and laser air fat dissolving instrument, to eliminate more fat. In addition, it can be used in conjunction with some postpartum restorative treatments. To improve postpartum women's health and physical issues.

10. How soon can I use it after giving birth?

A: It is recommended to wait until 6-8 weeks postpartum to fully recover before using it. Cesarean section is recommended three months after full recovery. Abdominal muscle separation can quickly help build muscle and repair rectus abdominis.

11. Who can not receive EMS treatment?

People should not receive treatment if:

- Pregnancy, lactation
- Women's menstrual period
- The treatment area is excessively moist
- Malignant tissue near or above the treatment site
- Any wounds or infected wounds near or in the treatment area

- pacemakers, defibrillators, implantable metal or electronic devices
- Heart disease, high blood pressure, thyroid, malignant tumor, kidney failure, epilepsy
- Venous thrombosis, varicose veins, thrombophlebitis, arterial occlusive disease
- Recent surgery
- Abdominal or inguinal hernia

IX Technical Specifications

Product Name	EMS Machine
Display Screen	15.4" color touch screen
Voltage	AC 110/220V
Pads	16 Pieces
Frequency	300Hz