

nuFIRM Contraindications

General Health Conditions

- Pregnancy or lactating
- Active cancer, history of melanoma, or undergoing chemotherapy
- Epilepsy or seizure history
- Uncontrolled hypertension
- Liver or kidney disease

Implants & Medical Devices

- Implanted devices such as cardiac pacemakers or defibrillators
- Metal implants in the treatment area

Skin & Treatment Area Concerns

- Skin conditions, keloid scars, or open wounds in the treatment area (including recent chemical peels)
- Treatment on abdomen with presence of a hernia
- Treatment near the heart (anterior/posterior)

Medications & Sensitivities


- Patients currently on therapies or medications that may interfere with treatment

- Individuals with numbness or inability to feel heat
- For any facial treatment: Patients who have taken Accutane, must be off for at least 6 months.

Facial Treatment Precautions (Strongly Recommended)

- Avoid treatment if any aesthetic procedures (Botox, filler, chemical peels, microneedling, etc.) have been performed within the past 2 weeks
- Avoid treatment if skin care products designed to “tighten, lighten, or brighten” have been used within the past week (examples: Retinol, Hydroquinone, Vitamin C, Glycolic Acid, Lactic Acid, AHA/BHA, etc.)

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